

First-Year Course Recommendations – Undecided (Transfer)

Full-time students typically choose 12-16 units per semester of coursework from this list.

	Course	Course Title	Course Advice	Units	Semester	
					1st	2nd
General Education	English	See: Which English Courses Do I Need?	English is a foundational skill necessary for success in all college courses. Note: most SBCC courses have Skills Advisories of Eligibility for ENGL 110 . Take whichever level of English you are eligible to take.	3-5		
	Math	See: Understanding Your Math Course Placements	Math is a foundational skill that can be harder the longer you wait to take it. We recommend getting started on it now. You will need one college level math course for admission to UC and CSU campuses.	3-5		
	Arts and Humanities	See: IGETC Area 3A & 3B;	You will need three courses (3) with at least one from the “Art” section and one (1) from the “Humanities” section. Look up course descriptions online or in the SBCC Catalog to find courses that look interesting to you and that have Skills Advisories that match your placement levels.	3		
	Social Sciences	See: IGETC Area 4;	You will need three (3) courses from at least two (2) different subjects within this category so look through the course descriptions for the courses in this area to find classes you are interested in. Courses with “Introduction” in the title are usually good for exploring specific majors. SS 101 (Introduction to Social Sciences) is also a great course that allows you to explore majors in anthropology, communications, economics, ethnic studies, history philosophy, political science, psychology, and sociology all in one semester.	3		
	Science	See: IGETC Area 5A, 5B, & 5C	UC and CSU campuses require two science courses – one from each of two different areas, but only one of them is required to have a lab component. Underlined courses on IGETC are the ones with the labs.	3-4		
Electives	PD 100	College Success	PD 100 is designed to teach study skills for academic success in college. It introduces resources available at SBCC and allows students to explore major and transfer goals. PD 110 is designed to help students explore major and career options while also gaining interview, communication, and resume writing skills. Note: both courses transfer to UC’s and CSU’s but UC’s only count units for one (so we recommend you take only one).	3		
	PD 110	Career Planning				
	PE	Physical Education Activities	You can transfer up to 4 units of PE activity courses to the UC system and more to CSU campuses. They can be a great way to manage stress and maintain physical health. Many of these courses are graded.	1		
	Any course of interest		Taking courses you are interested in can be one of the best ways to explore major and career options. SBCC offers many incredible courses in areas outside of major and general education that are still desired by the UC and CSU systems. Click on the “Classes Offered” picture (which is a link) at the bottom/middle of www.sbcc.edu to search SBCC’s course schedules or pick up an SBCC Catalog at the Bookstore to explore all of your possibilities.	1-5		

Click on this link for [Career Center](#) resources to help you explore your major options.