

First-Year Course Recommendations - History

Full-time students typically choose 12-16 units per semester of coursework from this list.

	Course	Course Title	Course Advice	Units	Semester	
					1st	2nd
Major	HIST 101	History Of The US to 1865	These are all great courses for students who placed into ENGL 110 or higher. Most four year colleges want some of these courses, but NOT all of them. We recommend you use Assist.org to determine which courses your desired schools want and then start with the <u>one</u> you are most interested in. Some schools want HIST 103 and 104 OR HIST 107 and 108. We recommend you take only one HIST course your first semester. Note: These courses all have Skills Advisories of Eligibility for ENGL 110 .	3		
	HIST 102	History Of The US Since 1865		3		
	HIST 103	Hist of West. Civ: Ancient-1660		3		
	HIST 104	Hist of West Civ: Lou XIV-Pres		3		
	HIST 107	World Civ Beginning to 1550		3		
	HIST 108	World Civ 1550 to Pres		3		
General Education	English	See: Which English Courses Do I Need?	English is a foundational skill necessary for success in all college courses. Note: most SBCC courses have Skills Advisories of Eligibility for ENGL 110 . Take whichever level of English you assessed into.	3-5		
	Math	See: Understanding Your Math Course Placements	Math is a foundational skill that can be harder the longer you wait to take it. We recommend getting started on it now. You will need one college level math course (i.e. MATH 114 , 117 , or 120 or higher) for admission to the California public universities.	3-5		
	Arts and Humanities	See: IGETC Area 3A & 3B; SBCC GE Pattern Area C	History courses can be used in either IGETC Area 3A or Area 4 (you chose which area you use each individual course in). You will need at least one course from IGETC 3A (Arts) to complete IGETC . Look for courses with Skills Advisories which match your placement levels and that seem interesting to you.	3		
	Social Sciences	See: IGETC Area 4; SBCC GE Pattern Area B	History courses count in this area, but if you plan to transfer you will also need at least one course from another area (i.e. Global Studies, Sociology, etc). Look for courses with Skills Advisories which match your placement levels and seem interesting to you.	3		
	Science	See: IGETC Area 5A, 5B, & 5C CSU GE Area B1, B2, & B3	UC and CSU campuses require two science courses – one from each of two different areas, but only one of them is required to have a lab component. Underlined courses on IGETC are the ones with the labs.	3-4		
Electives	PD 100	College Success	PD 100 is designed to teach study skills for academic success in college. It introduces resources available at SBCC and allows students to explore major and transfer goals. PD 110 is designed to help students explore major and career options while also gaining interview, communication, and resume writing skills. Note: both courses transfer to UC's and CSU's but UC's only count units for one (so we recommend you only take one).	3		
	PD 110	Career Planning				
	PE	Physical Education Activities	You can transfer up to 4 units of PE activity courses to the UC system and more to CSU campuses. They can be a great way to manage stress and maintain physical health.	1		
	Any course of interest		Taking courses you are interested in can be one of the best ways to explore major and career options. SBCC offers many incredible courses in areas outside of major and general education that are still desired by the UC and CSU systems.	1-5		

