

First-Year Course Recommendations – Early Childhood Education

Full-time students typically choose a combination of these courses - totaling 12-16 units per semester.

	Course	Course Title	Course Advice	Units	Semester	
					1st	2nd
Major	ECE 102	Child, Family, and Community	These are great first-year courses to help you explore the field of Early Childhood Education (ECE). They count towards SBCC's ECE degree and certificate requirements and also towards California's " Child Development Permit: Associate Teacher " requirements. All four of them transfer to all CSU campuses. ECE 102 and 120 transfer to UC's as well and are often major requirements at four year colleges (see Assist.org). We recommend you take ECE 102 and 120 first. Note: they all have Skills Advisories of eligibility for ENGL 100.	3		
	ECE 120/PSY 140	Child Growth and Development for Education		3		
	ECE 108	Creative Learning and Curriculum		3		
	ECE 121	Health, Safety, and Nutrition for Young Children		3		
General Education	English	See: Which English Courses Do I Need?	English is a foundational skill necessary for success in all college courses. Note: most SBCC courses have Skills Advisories of Eligibility for ENGL 110. Take whichever level of English you assessed into.	3-5		
	Math	See: Understanding Your Math Course Placements	Math is a foundational skill that can be harder the longer you wait to take it. We recommend getting started on it now. You will need one college level math course (i.e. MATH 114, 117, or 120) for admission to UC's and CSU's. Math 108 meets the admission requirement for the CSU's and is recommended for teaching.	3-5		
	Arts and Humanities	See: IGETC Area 3A & 3B; SBCC GE Pattern Area C	If you plan to teach elementary school, we recommend you choose general education courses that cover content you will need to know for teaching. Here are some suggestions from Assist.org of courses that are relevant for this teaching content: IGETC Area 3: ART 101; HIST 101 or 103 or 107 or 108; MUS 110; TA 103 IGETC Area 4: ECE 102 & 120; GEOG 102 or 104; HIST 101 or 103 or 107 or 108; POLS 101; PSY 145 IGETC Area 5: BIO 100; EARTH 111; PHSC 103	3		
	Social Sciences	See: IGETC Area 4; SBCC GE Pattern Area B		3		
	Science	See: IGETC Area 5A, 5B, & 5C; SBCC GE Pattern Area A		3-4		
Electives	ED 101	Introduction to Teaching and Learning in K-12 Classrooms	This is a great course for exploring the teaching profession as a whole. It looks at the issues of teaching in a diverse classroom and helps you start your teaching portfolio. It transfers to UC and CSU campuses.	3		
	PD 100	College Success	PD 100 is designed to teach study skills for academic success in college. It introduces resources available at SBCC and allows students to explore major and transfer goals. PD 110 is designed to help students explore major and career options while also gaining interview, communication, and resume writing skills. Note: both courses transfer to UC's and CSU's but UC's only count units for one (so we recommend you only take one).	3		
	PD 110	Career Planning				
	PE	Physical Education Activities	You can transfer up to 4 units of PE activity courses to the UC system and more to CSU campuses. They can be a great way to manage stress and maintain physical health. Many of these courses are graded.	1		
	Any course of interest		Taking courses you are interested in can be one of the best ways to explore major and career options. SBCC offers many incredible courses in areas outside of major and general education that are still desired by the UC and CSU systems.	1-5		

Click on this link for additional advice about [Early Childhood Education](#).