

## First-Year Course Recommendations - Communication

**Full-time students typically choose a combination of these courses - totaling 12-16 units per semester.**

	Course	Course Title	Course Advice	Units	Semester	
					1st	2nd
<b>Major</b>	<a href="#">COMM 101</a>	Introduction to Communication	This is a great beginning course taking an initial look at many of the topics typically covered in greater details at the four year colleges. It also counts as a Social Science for general education. Note: it has a Skills Advisory of Eligibility for ENGL 110.	3		
	<a href="#">COMM 121</a>	Interpersonal Communication	These courses are applied courses – teaching how to communicate. Many four year colleges want at least one of them for major preparation (see <a href="#">Assist.org</a> ). They also fulfill the Oral Communication requirement for CSU admission. We recommend you choose one start. These courses also have Skills Advisories of Eligibility for ENGL 110.	3		
	<a href="#">COMM 131</a>	Fundamentals of Public Speaking		3		
	<a href="#">COMM 141</a>	Small Group Communication		3		
<b>General Education</b>	English	See: <a href="#">Which English Courses Do I Need?</a>	English is a foundational skill necessary for success in all college courses. Note: most SBCC courses have Skills Advisories of Eligibility for ENGL 110. Take whichever level of English you are eligible to take.	3-5		
	Math	See: <a href="#">Understanding Your Math Course Placements</a>	Math is a foundational skill that can be harder the longer you wait to take it. We recommend getting started on it now. You will need one college level math course for admission to the California public universities. Some Communication majors (including UCSB) require Math 117 – Elementary Statistics for the major.	3-5		
	Arts and Humanities	See: <a href="#">IGETC Area 3A &amp; 3B</a> ; <a href="#">SBCC GE Pattern Area C</a>	Look for courses with Skills Advisories which match your placement levels and that seem interesting to you.	3		
	Social Sciences	See: <a href="#">IGETC Area 4</a> ; <a href="#">SBCC GE Pattern Area B</a>	Some Communication courses count in this area, but if you plan to transfer you will also need at least one course from another area besides communication. Look for courses with Skills Advisories which match your placement levels and seem interesting to you.	3		
	Science	See: <a href="#">IGETC Area 5A, 5B, &amp; 5C</a> ; <a href="#">SBCC GE Pattern Area B</a>	UC and CSU campuses require two science courses – one from each of two different areas, but only one of them is required to have a lab component. Underlined courses on IGETC are the ones with the labs.	3-4		
<b>Electives</b>	<a href="#">PD 100</a>	College Success	PD 100 is designed to teach study skills for academic success in college. It introduces resources available at SBCC and allows students to explore major and transfer goals. PD 110 is designed to help students explore major and career options while also gaining interview, communication, and resume writing skills. Note: both courses transfer to UC's and CSU's but UC's only count units for one (so we recommend you only take one).	3		
	<a href="#">PD 110</a>	Career Planning				
	PE	<a href="#">Physical Education Activities</a>	You can transfer up to 4 units of PE activity courses to the UC system and more to CSU campuses. They can be a great way to manage stress and maintain physical health. Many of these courses are graded.	1		
	Any course of interest		Taking courses you are interested in can be one of the best ways to explore major and career options. SBCC offers many incredible courses in areas outside of major and general education that are still desired by the UC and CSU systems.	1-5		

**For additional advice about this major check out this [Choosing the Right Communication brochure](#) and [Assist.org grid](#).**